

Jill L. Leffingwell, MSW, LCSW

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EDUCATION

Master's Social Work- Concentration- Family Systems

University of Denver Denver, CO 2003-2005

B.S. Human Services- Addiction Studies-Concentration: Domestic Violence

Metropolitan Stated College of Denver Denver, CO 1998-2001

PROFESSIONAL EXPERIENCE

2005-Present Looking Glass Counseling Program Eugene, OR

Mental Health Therapist

Providing comprehensive psychotherapeutic support to children, youth, families, couples, and individuals in an out-patient setting. Duties include evaluative assessment and treatment planning, crisis intervention and stabilization, case management and coordination with other health providers, specializing in trauma caused by interpersonal abuse and neglect, anxiety and depression, disrupted attachment, using family systems, cognitive behavioral, and motivational interviewing approaches as well as other modalities.

Group Facilitator

Facilitating psychotherapeutic' educational support groups for children who have experienced domestic violence, sexual abuse, and grief and loss due to parental rights termination. Facilitating support groups for non-offending parents of children who have witnessed domestic violence, as well as groups for adult survivors of trauma using the" Seeking Safety" model

Crisis Responder

On call crisis intervention with the Lane County mobile crisis response team for children and their families. Providing in-home assistance with conflict resolution, de-escalation and risk assessment, safety planning, safe transport to respite placements, referrals to community agencies for long term assistance

2000-2005 Family Tree-Women in Crisis Arvada, CO

Women's/Children's Advocate

Providing individual and group counseling to victims of domestic violence and their children in a shelter setting. Answering crisis line, intakes, needs assessment, advocacy and referrals, milieu

management, children's activities and play therapy, coordination with Jefferson County Child Protection Team

2004-2005 Bridges Family Services Denver, CO

Concentration Year Clinical Social Work Internship

Intensive in-home individual and family therapy for at risk youth. Advocacy, case management, assessment, and diagnosis, treatment planning and collaboration with other community agencies. Life skills group and parent support group facilitator

2003-2004 Jefferson Center for Mental Health Arvada, CO

Clinical Social Work Internship

Provided individual, group, and family therapy to children with emotional and behavioral disorders, within an elementary school. Working closely with teachers and parents, providing case management and referrals for families to enhance client's school success.

1999-2000 The Gathering Place Denver, CO

Human Services Internship

Direct services to homeless women and children at a busy day shelter. Milieu management, crisis intervention, assistance with basic needs and referrals, support group facilitation

1997-1998 Casa De Corizon Treatment Center Taos, NM

Behavior Management Support Provider/Skill Builder

Working with parents, foster parents, and therapist to develop and implement behavior management plan for children with behavioral disorders within the community. Providing one on one support and guidance to clients and their families at home and at school.

1997-1998 Taos County ARC Taos, NM

Respite Provider

Providing respite and support to families with developmentally disabled children in their home, guidance and assistance with life skills acquisition.

RESEARCH EXPERIENCE

Open Arms Grant- 2005-2008

Assisted with and facilitated the implementation of a collaborative effort between mental health and domestic violence agencies to provide continuity of care for children affected by domestic violence and their non-offending caregivers. Provided direct counseling services to project participants. Grant funded by the federal government as one of nine, nation-wide pilot projects

Project Enough- 2008-2009

Provided group facilitation and direct counseling services to women coming out of the prison system who had experienced trauma, domestic violence, and substance addiction using the “Seeking Safety” model. State funded grant in collaboration with the Oregon Research Institute

PROFESSIONAL TRAININGS

Advanced Mindfulness, 6 hrs, April-2012

Yoga, Mindfulness and Compassion: Clinical Interventions for Anxiety & Depression, 6.25 hrs, December-2011

Food for Thought: How Nutrients Affect Mental health and the Brain, 6 hrs, November-2011

Working with Voices, 5.5 hrs, October-2011

Legal and Ethical Considerations for Social Workers, Therapists & Counselors, 6 hrs, November-2010

Get out of Your Mind and Into Your life: Using Acceptance and Commitment Therapy for Powerful Life Change, 6.25 hrs, May-2010

Recent advances in Understanding and Treating Child Anxiety, 6hrs, October-2009

Assessing and Managing Suicide Risk: Core Competencies for Mental Health Professionals, 6.5 hrs, May-2009

Practical Professional Ethics, 6 hrs, May-2009

Mindfulness and the Practice of Compassionate Presence, 6.25 hrs, March-2009

Adolescent Coping with Depression, 6 hrs, October, 2008

Creating Sanctuary: Parallel Processes of Recovery from the Impact of Chronic Organizational Stress, 6 hrs, May, 2007

Intimate Partner Violence, Gender, and Methamphetamine, 6.75 hrs, April-2007

Numbing the Pain: Strategies for Helping Adults and Adolescents with Trauma and Addiction, 6 hrs, October-2006

Child Temperament, Parenting Styles, and Family Dynamics, 6 hrs, September-2006

Working with Boys and Men to Stop Violence and Build Community, 5.75 hrs, February-2006

Shelter for the Storm: Helping Young Children Affected by Domestic Violence, 5.5 hrs, September, 2005

PROFESSIONAL ASSOCIATIONS

National Association of Social Workers

Oregon Board of Licensed Clinical Social Workers

PROFESSIONAL REFERENCES

Lee Anne Wichmann, MA, LMFT, Clinical Supervisor

Eugene Therapy

401 East 10th, Eugene Or, 97401

541-868-2004

Linda Seymour, LCSW, Clinical Supervisor

Looking Glass Counseling Program

20 East 13th, Eugene OR, 97401

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